

Information about Compulsive Hoarding DVD

with Renae M. Reinardy, PsyD, LP

Presented by Lakeside Center for Behavioral Change



In this video series Dr. Reinardy discusses the common characteristics and contributing variables found in hoarding behavior and demonstrates techniques that can be used to effectively declutter a home. The information and strategies can be utilized by individuals who hoard, their family members, and professionals who work with this population.

Dr. Reinardy received her Bachelor's degree in psychology at North Dakota State University, Master's degree at the American School of Professional Psychology, Washington DC and Doctorate at Argosy University, Washington, D.C. campus. She completed her doctoral internship at Springfield Hospital Center and Chase Brexton Health Clinic. Prior to founding the Lakeside Center for Behavioral Change near Lake Minnetonka, Dr. Reinardy worked as a psychologist at the Behavior Therapy Center of Greater Washington in Silver Spring, Maryland.

Dr. Reinardy specializes in the treatment of obsessive compulsive disorder, compulsive hoarding, trichotillomania, and related conditions. She has been an adjunct professor at the doctoral level and has presented numerous times at national conferences and at local meetings and trainings. Dr. Reinardy has been interviewed on Good Morning America, the Joy Behar Show, Dateline NBC, and A&E's Hoarders.

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